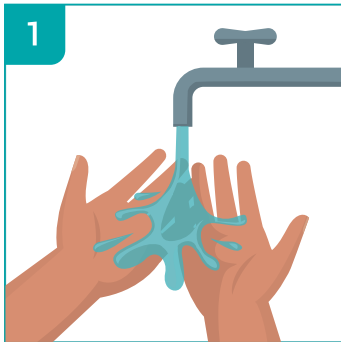


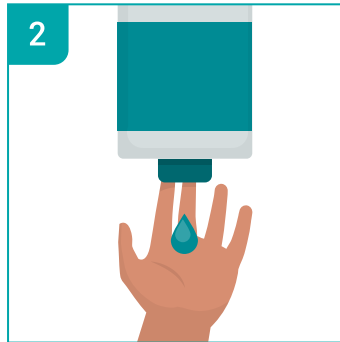


How to Wash Hands

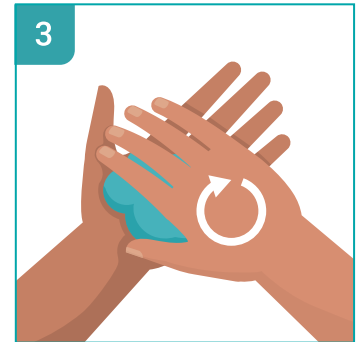
Wash your hands often with soap and water for at least 20 seconds



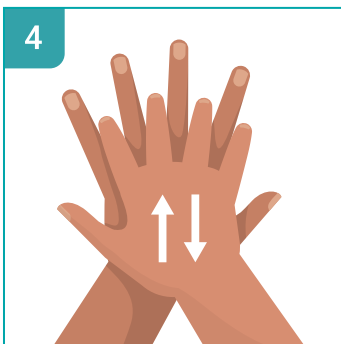
Wet your hands with clean, warm or cold running water.



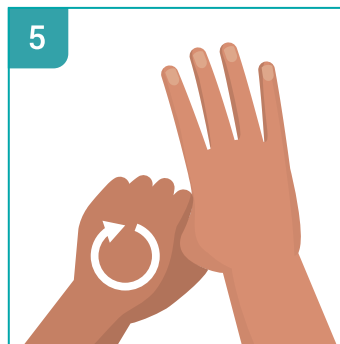
Turn off the tap, and apply soap.



Lather your hands by rubbing them together with the soap.



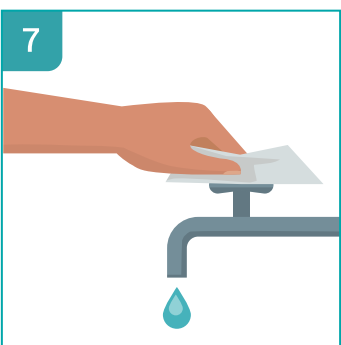
Lather the backs of your hands, between your fingers, and under your nails.



Wash your hands for at least 20 seconds.



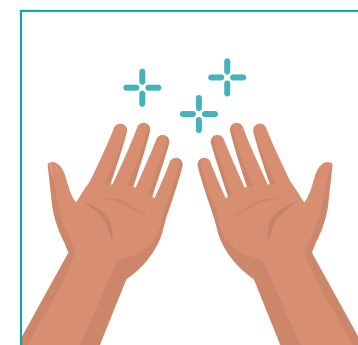
Rinse your hands well under clean, running water.



Turn off the tap with a disposable tissue.



Dry your hands using a clean towel or air dry hands.



YOUR HANDS ARE CLEAN