

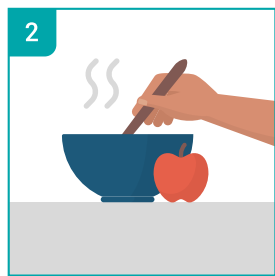


# When to Wash Hands

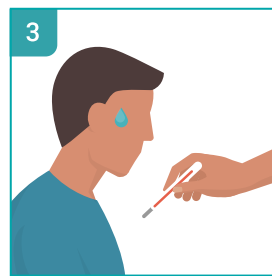
*Wash hands throughout the day, or sooner when visibly dirty or soiled*



Before using a face mask or face cloth covering.



Before eating food or drinking fluids.



Before and after caring for someone who is sick.



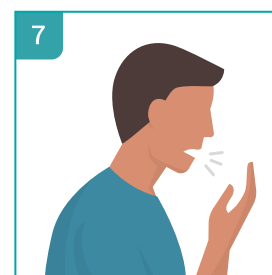
Before and after treating a wound or cut.



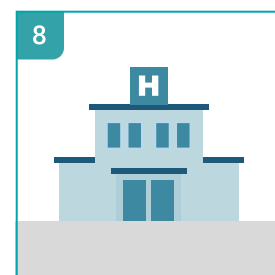
Before, during, and after preparing food.



Before touching your eyes, nose, or mouth.



After blowing your nose, sneezing, or coughing.



After you have been in a public place.



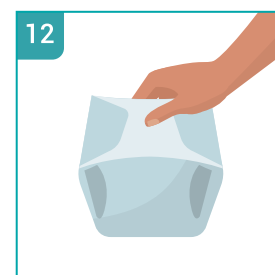
After using the toilet.



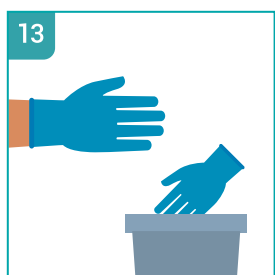
After touching trash.



After touching an animal, animal food, or animal waste.



After changing diapers, or cleaning a child who has used the toilet.



After removing gloves.



After exposure risk to body fluids, for example, vomit, blood, etc.



After touching a surface that gets frequently touched by other people, such as door handles, tables, gas pumps, shopping carts, or electronic cashier registers/screens, etc.