



# Emergency Preparedness Kit

Being prepared means being equipped with the proper supplies you may need in the event of an emergency or disaster.

Keep your supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you.

- **Mobile Phone + Charger / Power Bank**
- **Emergency Contact Numbers (Satellite Phone / Two-Way Radios)**
- **Water: 4 liter / 1 gallon per person per day**
- **Food: non-perishable, easy-to-prepare items**
- **Medication**
- **First Aid Kit**
- **Flashlight + Batteries**
- **Dustmask / N95 / Surgical Mask**
- **Duct Tape**
- **Multi-Purpose Tool e.g. Leatherman**
- **Whistle**
- **Sanitation Items**
- **Warm Clothes**
- **Space Blankets + Sleeping Bags**
- **Cash**
- **Important Documents + Zip-Lock Bags**
- **Extra Fuel + Fire Extinguisher**
- **Local Maps / Downloaded Maps**

